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Month: _____

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Discard 5 expired bathroom products  	Sort/dispose /file mail  	Toss damaged /unpaired underwear /socks  	Sort Tupperware and toss/recycle single lids/containers  	Find 1 item to donate to a loved one  	Use up at least one leftover ingredient in a meal  	Discard at least 5 items from junk drawer  
Discard 5 expired kitchen items  	Sort/dispose /file mail  	Sort shoes and toss/donate/sell unused ones  	Find 5 broken items to throw away  	Find 1 item to donate to a loved one  	Use up at least one leftover ingredient in a meal  	Sort cleaning products. Discard/combine /use  
Discard 5 expired vitamins/supplements  	Sort/dispose /file mail  	Sort clothes and toss/donate/sell 5 items  	Sort through toys/games and toss/donate/sell unused  	Find 1 item to donate to a loved one  	Use up at least one leftover ingredient in a meal  	Collect unwanted pantry items to donate  
Discard 5 expired freezer items  	Sort/dispose /file mail  	Sort towels / linens and toss/donate/sell unused  	Collect unused electronics and drop-off at e-waste site  	Find 1 item to donate to a loved one  	Use up at least one leftover ingredient in a meal  	Drop off donation box filled with 28 items  

Daily donation challenge 